



Infrared Sauna, Body Wrap and Hydro Steam Disclaimer

Last Name: _____ First Name: _____

Address: _____ City: _____ Zip: _____ Home Telephone: _____

Email: _____ Date of Birth: _____ Female _____ Male _____

Have you ever used: *Infrared Sauna:* Yes ___ No ___ *Body Wrap:* Yes ___ No ___ *Hydro Steam:* Yes ___ No ___

How did you hear about us: _____

What type of results would you like to achieve? Hydration | Firmer Skin | Weight Loss | Cellulite Reduction | Tan Removal | Other: _____

360 Tans and its associates do not provide medical advice or medical guidance. For medical advice, you must consult a licensed healthcare practitioner. Individual results from sauna use vary on a person-to-person basis. We do not make any claims regarding treatment, cures or prevention of disease.

Safety

- Never fall asleep while using the sauna, body wrap or Hydro Steam
- Do not place objects inside or on roof of sauna, body wrap or Hydro Steam
- If you feel faint, dizzy or unwell in any way, discontinue sauna, body wrap or hydro steam use and seek medical advice from a licensed professional

Potential Contraindications of Sauna, Body Wrap, Hydro Steam Use. If you suffer from any of the conditions listed below, please consult with your physician before sauna use.

- Alcohol and Drug Abuse/Dependency
- Cardiovascular Issues
- Diseases Associated with Impaired Ability to Sweat
- Fever
- Heat Insensitivity
- Hemophilia
- Pregnancy

Use of Prescription and Over the Counter Medications: The use of certain medications may affect your ability to use the sauna, body wrap or hydro steam – consult with your physician if you are taking medications and unsure of how they may interact with heat therapy. **Children and Elderly Sauna, Body Wrap, Hydro Steam Use:** Children under the age of 12 and the elderly have a more difficult time regulating their body temperature, and saunas, body wrap or hydro steam should be used with care, and with a shorter duration per session.

If you are unsure whether sauna, body wrap or hydro steam use is safe for you, consult your physician. No Medical or Health Advice Any information or documentation provided with the Products contain general information only and may not be construed as a substitute for medical or health advice or instruction. You should consult appropriate physicians or health professionals on any matter relating to your health before using the Products. All specific medical or health questions should be presented to your own physician or health care professionals. 360 Tans assumes no responsibility and shall not be liable for any circumstances arising out of your use or misuse of the Products or Services. You agree to hold us and our agents and employees harmless from any and all liability for all claims for damages due to injuries, including attorney fees and costs, incurred by you or caused to third parties by you, arising out of your use or misuse of the Products or Services.

Client Signature: _____ Date: _____